

LITTLE FLOWER SCHOOL, UPPAL

GLIMPSES @ LFS

Greetings from Little Flower School, Uppal!!

Little Flower School, Uppal envisions the holistic development of every student, nurturing not only academic excellence but also creativity, confidence, leadership and life skills. Throughout the year, a wide range of activities and opportunities are provided to help students discover and bring out their innate potential. Here are the highlights of the various events and activities that have taken place in our school from March to August 2026.

ORIENTATION PROGRAMME

The school conducted an Orientation Programme for students and parents of Classes I, VI, and X to ensure a smooth and confident start to the new academic year. The programme introduced them to the school's vision, curriculum, rules, assessment pattern, and co-curricular activities. Parents of Class I students were guided on helping children adjust to school life, while Class VI students were familiarised with middle school expectations. Class X students received valuable information on board examination preparation, study strategies, and time management. The interactive session addressed parents' queries and encouraged a strong partnership between the school and families for the students' overall growth and success.



SEMINAR FOR STUDENT COUNCIL

A seminar was held for student leaders by resource person Mr. Shirish Sebastian, a renowned wellness coach and motivational speaker. This seminar was designed to inspire and equip student leaders with the skills, confidence and mindset needed to lead effectively.



EDUCATIONAL TOUR TO USA

The STEM Study Trip to the United States was a truly enriching experience that exposed students to a wide range of opportunities in higher education, research, and future careers. From visiting NASA's Space Center and seeing a SpaceX rocket up close to learning about advancements in biotechnology, including cancer research, every experience sparked

curiosity and inspired new ideas. Visiting various institutions and interacting with professionals helped students to gain an understanding on the many paths available to explore. Beyond the educational visits, exploring Washington, D.C., and the vibrant streets of New York City, especially Times Square, made the journey both exciting and memorable. Overall, the trip broadened perspectives, encouraged students to think bigger and left everyone with experiences and lessons that will be treasured for years to come.



INVESTITURE CEREMONY

Investiture Ceremony was conducted on 8.4.2026 to formally induct the newly elected student council. The Chief Guest Rev. Bro. John Kallarackal and the Principal administered the oath of office and the student leaders proudly received their badges and sashes. The ceremony highlighted the values of leadership, responsibility, discipline, and service. It inspired the young leaders to perform their duties with dedication, integrity and commitment throughout the academic year.



INAUGURATION OF AEROSPACE LAB

LFS, Uppal proudly inaugurated its new Aerospace Lab on 13.04.2026 by Mr. G. Srinivas Rao - a senior scientist, to promote scientific curiosity and innovation among students. The event was attended by the management, staff, students and distinguished guests. The lab is equipped with modern learning tools that provide hands-on exposure to aerospace science, robotics, and space technology. The initiative aims to inspire young minds to explore STEM careers and develop future-ready skills.

CBSE SEMINAR FOR TEACHERS ON ACTIVE LEARNING

The staff of LFS attended a CBSE Capacity Building Programme on Active Learning, conducted by CBSE Resource Persons Ms. Revathi and Ms. Sunitha. The seminar focused on

innovative, student-centred teaching strategies, experiential learning, and critical thinking. Through interactive sessions and practical activities, the resource persons inspired teachers to create engaging, inclusive classrooms and enhance the overall learning experience.



LAURELS FOR LFS

Our teachers Ms. Tanuja, Ms. Sree Sudha and Ms. Jyothi brought laurels to the school by securing Second Place at the National Educators Summit held at Kristu Jayanti College, Bengaluru in Category 2: Innovative Practices and Effective Integration of Technology in Schools. Their outstanding performance, dedication, and teamwork reflected their commitment to excellence and brought pride to the school. This remarkable achievement is an inspiration to both students and fellow educators, reaffirming our school's pursuit of academic and professional excellence.



YOGA WORKSHOP FOR TEACHERS

A Yoga Workshop was organised for teachers to promote physical well-being, mental wellness and stress management. The school yoga teacher Mr. Karunakar, guided the teachers through various yoga postures, breathing exercises and relaxation techniques. The interactive session emphasised the importance of maintaining a healthy work-life balance. Teachers actively participated and appreciated the practical tips that could be incorporated into their daily routines for improved health and mindfulness.



INTERNATIONAL DAY OF YOGA & WORLD MUSIC DAY

The school enthusiastically celebrated International Yoga Day and World Music Day on 20.6.2026 with great zeal and participation. The day began with a yoga session, where students under the guidance of the Yoga teacher performed various asanas and breathing exercises, highlighting the importance of physical fitness and mental well-being. This was followed by vibrant musical performances by the school choir and instrumentalists, showcasing the power of music to inspire, unite, and uplift. The Chief Guest Dr. Satish Kumar appreciated the students on their outstanding performance.



CLASS X RESULTS

The school achieved excellent results in the Class X Board Examinations, reflecting the hard work and dedication of the students, teachers, and parents. The students secured outstanding scores, with T. Rishik Reddy bagging the top spot with 486 marks out of 500, followed closely by J. Shritan Reddy who scored 485 out of 500. The remarkable performance is a testament to the staff's commitment to achieve excellence in academics while nurturing holistic development. The management congratulated the achievers and encouraged all students to continue striving for success with determination and confidence.

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UPPAL, HYDERABAD - 500 039.											
CLASS X - TOPPERS (2025-2026)											
Congratulations											
 486 500 THIGULLA RISHIK REDDY	 485 500 JILKAPALLY SHRITAN REDDY	 480 500 BANDHANADHAM ADVITEETA	 479 500 KASINALLA PRANEETH NIDHAL	 479 500 GUNDETTI SHIVA SAI							
 476 500 AMAGOTH RITVIKA SAI	 475 500 PUPPALA KAUSHIK RAO	 472 500 TOKACHU BHAVAN VARNA	 472 500 REGATTE ABHEEK REDDY	 471 500 SODANATHI SAI PRANEETH PAVAN							
 468 500 YENUGULA KRITHIK REDDY	 467 500 MALIPATEL POOJITHA REDDY	 465 500 MURGANI BLESST LINEYNA	 464 500 METTU BHADRINATH	 464 500 KANKANALA PRASHANSA REDDY							
 462 500 JERALD KAVITHA AARON	 461 500 SUNKIREDDY SHISHIR REDDY	 461 500 CHILUVERU RITHWIK	 460 500 KUMHAM HARSHITH REDDY	460 500							
100% RESULTS											

BAGLESS DAY

Bagless day was held for pre-primary and primary class students on the 11th of

July 2026. Students enjoyed activities that promoted fun learning. The day was filled with experiential learning, fostering creativity, critical thinking, teamwork and life skills in a joyful and stress-free environment. It truly reflected the spirit of learning beyond textbooks, making education meaningful, enjoyable and memorable.



HOLY MASS

The Catholic students and staff of LFS gathered in prayer to participate in the Holy Mass, on 18.06.2026, seeking God's blessings for a fruitful and successful academic year. The solemn celebration was led by the parish priest, who delivered an inspiring homily on faith, gratitude, and compassion. Students and teachers actively participated through prayers, scripture readings, and hymns. The Holy Mass fostered a spirit of unity, hope, and spiritual growth, encouraging everyone to uphold values of love, service, and integrity in their daily lives.



MONTFORTIAN SEMINAR FOR TEACHERS - PUNE PROVINCE

A two-day seminar based on Montfortian Values was organised for teachers of the Pune Province on the theme "Renew & Refresh – Responding to the Signs of the Times." The seminar was enriched by the inspiring sessions of the resource persons, Mr. Shirish P Sebastian and Mr. Emmanuel Braggs, who enlightened the teachers with valuable insights on the evolving role of educators, innovative teaching practices, value-based education, and student well-being. Through interactive activities and reflective discussions, the participants gained fresh perspectives and practical strategies for the classroom. The seminar renewed the teachers' enthusiasm and strengthened their commitment to nurturing young minds with compassion, excellence, and dedication.



MONTFORT YOUTH LEADERSHIP SUMMIT 2026

A two-day leadership summit was held for student leaders from various Montfortian institutions of the Pune Province on the 15th and 16th of July, 2026 at Montfort Bhavan, Ramanthapur. The Inaugural ceremony was graced by Mrs. Anita Ramachandran, IAS as the Chief Guest

and the Valedictory ceremony saw Mrs. Minnie Mathew, IAS as the Chief Guest. The seminar aimed to nurture responsible, compassionate, and service-oriented student leaders inspired by the values of St. Louis Marie de Montfort. The seminar provided participants with opportunities to develop leadership skills, effective communication, teamwork, decision-making and a spirit of service. Through engaging sessions, interactive activities and value-based discussions, students were encouraged to lead with integrity, humility and commitment while fostering unity and excellence within the school community. The young leaders learned to become positive role models who contribute meaningfully to their school and society.



MONTFORT LITFEST

Our school hosted the vibrant Montfort LitFest 2026, celebrating the joy of language, literature, and creativity. Students from various schools enthusiastically participated in a range of literary events, including debate, elocution, creative writing, poetry recitation, and quiz competitions. The festival provided a platform for young minds to showcase their communication skills, imagination, and confidence. The event concluded with a prize distribution ceremony and Little Flower High School, Abids lifted the overall championship for their outstanding performances. The fest was indeed a memorable celebration of literary excellence.



MONTFORT QUIZ WHIZ 2026

An interschool quiz competition of all Montfortian schools of the Pune Province was held at LFS on the 25th of July 2026. Students from various schools enthusiastically participated in this clash of wits and knowledge. The quiz master Mr. Gregory T. deftly navigated through a wide range of topics challenging the students with thought-provoking questions. The event was graced by the

presence of Dr. M. Arun Mary Theresa as the Chief Guest. The first prize was bagged by the team from All Saints' High School, Gunfoundry and the team from Montfort School, CBSE, Kazipet were awarded with the Runners up position. The team from Little Flower School, Uppal secured the 3rd place. The competition was an enriching and intellectually stimulating experience for all participants as well as the audience.



YOUNG INDIA CULINARY CHAMPIONSHIP 2026-27

As part of the CBSE mandate, the Young India Culinary Championship 2026-27 was held on 13.08.2026 with the aim to equip young learners with essential hospitality and culinary competencies along with nurturing creativity and a spirit of team work. The competition was held in two categories – Category 1 : Non Fire Cooking for classes 6 to 8

and Category 2: Fire Cooking for classes 9 and 10. This event saw enthusiastic participation from students and they prepared a wide variety of mouth-watering delicacies.



FIELD TRIPS

The students of class 10 embarked on an enriching field trip to Nagarjuna Sagar, the Power House and Buddhavanam on the 14th of August 2026. The trip served as a refreshing break from the routine classroom sessions, offering students a wonderful blend of learning, exploration and recreation. They visited the magnificent Nagarjuna Sagar Dam and Power House, gaining valuable insights into water management, irrigation and the generation of hydroelectric power. At Buddhavanam, the students explored the rich Buddhist heritage and learned about the teachings and legacy of Buddhism. The trip provided a memorable opportunity to learn beyond the classroom while fostering curiosity, awareness and appreciation for history, technology, culture and nature.



INDEPENDENCE DAY CELEBRATIONS

The 80th Independence Day of our nation was celebrated with patriotic fervor within the portals of Little Flower School. The event commenced with hoisting the Tricolour and paying a heartfelt tribute to our beloved motherland. Our students presented a vibrant array of cultural fare including dances, skits and patriotic songs which filled the air with a profound sense of pride and poignant remembrance of our brave martyrs. The event was graced by Ms. T. Rama Devi, CBSE Coordinator, LFS as the Chief Guest.



LFPS ACTIVITIES

ORIENTATION PROGRAMME

On 14th March 2026, an Orientation Programme was held for the parents of kindergarten students to acquaint them with the school's curriculum, rules and regulations. Parents were given insights into the academic framework and the wide range of activities offered at the school. Our Principal, Rev. Bro. Dr. Joseph Pasala shared valuable perspectives on the school's ethos and educational values. Renowned international educator and wellness coach Mr. Shirish P. Sebastian served as the keynote speaker, offering parents essential insights into early childhood wellness and psychology to ease their children's transition into formal education.



SUMMER FEST

A lively Summer Fest activity was organized on 15th April 2026, showcasing a refreshing interactive breakdown of seasonal habits. Guided carefully by classroom teachers, the tiny tots eagerly learned how to prepare fresh lemon juice while exploring natural ways to stay cool. This hands-on experience helped children connect with

everyday healthy choices in a fun, engaging environment.



FRUITS DAY

On 18th April 2026, our little artists of Nursery, LKG, and UKG transformed the classroom into a vibrant canvas during the Fruits Day celebrations. With tiny hands and boundless imagination, they enjoyed their favourite fruit slices during a designated short break before diving into a creative watercolour palm-print art activity. The event blossomed into a heartwarming celebration of healthy lifestyles, innocent joy and fine-motor coordination.



INVESTITURE CEREMONY

The formal Investiture Ceremony on 23rd April 2026 at the kindergarten was a heartfelt and proud milestone as our student leaders stepped forward into roles of responsibility. The occasion was graced by Chief Guest Mr. Sharat Chandra Reddy K, forest range officer, Guest of honour Ms. K. Swapna and Rev. Bro. Dr. Joseph Pasala. Master K. Ashvath and Baby K. Shreshta were solemnly installed as School Pupil Leaders, alongside the newly appointed General House and Sports Leaders

UKG students proudly marched in their house uniforms, presenting a disciplined display of leadership. Our Principal, Rev. Bro. Dr. Joseph Pasala appreciated the newly elected council and shared the true message of school responsibility, excellence and dutiful service.



INTERNATIONAL DAY OF YOGA & WORLD MUSIC DAY

On 17th June, the campus radiated calm and focus during the combined celebration of International Yoga Day and World Music Day. Dressed immaculately in pristine white uniforms, the tiny tots gracefully performed basic yoga postures immediately following the morning assembly prayer. Our Principal, Rev. Bro. Dr. Joseph Pasala lauded the children's focus and emphasized the vital role of disciplined routines and healthy lifestyle habits in early child development.



PLANTATION DAY (PLANT-A-PALOOZA)

“Let's plant today for a greener and better tomorrow!” As part of our localized green drive, a hands-on Plantation Day was celebrated across the campus on 20th June 2026. Students brought a diverse variety of saplings and ceramic pots from home, exploring the soil and learning the fundamental importance of environment preservation. The campus blossomed as our Principal Rev. Bro. Dr. Joseph Pasala commended both parents and children for stepping forward to cultivate sustainable values and eco-awareness from a tender age.



OUTDOOR COMPETITIONS

To foster physical fitness and sportsmanship, a series of outdoor running races was conducted across all classes. The events kicked off on 16th June with a high-spirited 50-meter race for UKG students. This was followed by a fun 20-meter sprint for Nursery learners on 17th June and concluded on 18th June with LKG students racing eagerly across a 30-meter track. These engaging activities successfully enhanced the children's motor skills, coordination and speed.

while filling the campus with joy and healthy competition.



BAG-FREE DAY

On 11th July 2026, a joyful Bag-Free Day was organized for the Nursery, LKG and UKG sections. Leaving their school bags behind, our tiny tots spent the day exploring, creating, and laughing. The children enjoyed a guided campus adventure tour, learned lively dance steps that filled the day with music and wrapped up the event with a delightful children's movie time complete with popcorn, making beautiful school memories.



RAINBOW DAY ACTIVITY

On 13th July 2026, the campus transformed into a vibrant spectrum of joy for the Rainbow Day activity. Our young learners arrived beautifully dressed in their favourite rainbow-colored civil dresses. Teachers conducted engaging classroom sessions to explain the wonder of colours, effectively stimulating the visual curiosity and imagination of the children.



LITERARY COMPETITIONS

To nurture communication skills and early-stage confidence, a series of Literary Competitions were held this month. On 15th July 2026, the Recitation Competition finals took place for Nursery and LKG students, which captivated everyone with English rhymes brought to life through expressive actions and creative props. Following this, on 17th July 2026, the Role Play Competition finals were conducted for UKG students. Dressed in appropriate costumes, the children confidently delivered dialogues for various characters ranging from doctors and farmers to famous personalities, showcasing brilliant presentation and facial expression.



DOMESTIC ANIMALS ACTIVITY

To familiarize children with the animal kingdom, a hands-on Domestic Animals Activity was organized on 24th July 2026 across all kindergarten classes. Wearing creative animal face masks, the tiny tots eagerly role-played different domestic animals and learned about their roles, habitats, and importance to human life, creating a fun-filled sensory learning experience.



CLASS BIRTHDAY CELEBRATION

A joyous and colourful class birthday celebration was held on 6th August 2026 across Nursery, LKG and UKG sections. Dressed in vibrant civil clothes following their assigned class colours - yellow, red, blue, orange, and green - the little ones gathered to celebrate the gift of life and companionship. Filled with cheerful smiles, songs and camaraderie, the event created delightful memories while fostering a sense of belonging and togetherness among the tiny tots.



PRE-INDEPENDENCE DAY CELEBRATION

On 14th August 2026, patriotic fervour filled the campus as our little learners celebrated Pre-Independence Day dressed in immaculate white uniforms. Through age-appropriate patriotic songs and classroom activities, the children were introduced to the spirit of national pride and unity. Our Principal Rev. Bro. Dr. Joseph Pasala highlighted the importance of freedom and instilling

early values of love and respect for the nation. Ms. B. Sandhya Sreenivas Rao, Entrepreneur graced the occasion as the Chief Guest.



RAKHI MAKING ACTIVITY

To celebrate the bond of love, care, and protection, a creative Rakhi Making activity was conducted alongside the festive week on 14th August 2026. With guidance from parents and teachers, the tiny tots crafted beautiful, colourful Rakhis using decorative materials like wool, kundans, sponge and satin ribbons. The activity nurtured their creativity and fine motor skills while connecting them with the warmth of Indian cultural traditions.



*That's all from team LFS, Uppal.
Have a wonderful
academic year ahead!!*